BMX Riders Entertained Students at Anti-Bullying Assembly

On Friday October 11th, EOB students were taught an anti-bullying lesson while watching professional BMX riders perform stunts in the school's gym.

The event was part of a high-energy action sports circuit that goes across the country to support the Anti-Defamation League's No Place for Hate campaign. It featured some of the world's top professional BMX riders who performed while hearing an educational message.

What is Bullying?

The repeated actions or threats of action directed toward a person by one or more people who have or are perceived to have more power or status than their target in order to cause fear, distress or harm. Bullying can be physical, verbal, psychological or any combination of these three.

There are four major types of bullying:

**Physical:** This includes acts such as hitting, shoving, tripping, throwing objects, inappropriate touching or damaging someone else’s property.

**Verbal:** This includes things like name calling, teasing, racial slurs, threats, spreading rumors, slurs related to sexual orientation or gender identity.

**Psychological:** Hurtful behaviors such as exclusion, withholding friendship and other aspects which hurt emotionally.

**Cyber:** Posting negative comments, fake profiles, sexting, making fun of photos, tagging photos, twitter fights, posting negative videos, negative status post, hate blog, hate pledges, texting rumors, hacking profiles, nasty emails, forwarding negative emails, cyber stalking.

During the show, Mrs. Dunn, our Assistant Principal, volunteered to sit in the middle of the BMX track and allow one of the riders to scale over her. It was fun for the students to watch, but extremely terrifying for Mrs. Dunn. We appreciate her volunteering and bravery!

At the end two students won Bluetooth speakers that were raffled off for answering questions on the following bullying statistics:

- 1 out of 10 students who drop out of school do so because of repeated bullying.
- 22% of students 12 to 18 years old reported being bullied at school.
- 28% of students ages 10 to 18 years old reported being cyberbullied during their lifetimes.

It was a fun and informational event that was enjoyed by all!
Health Tech Students Volunteered at Health and Wellness Fair

October 16th - The senior Health Technology students spent the day volunteering at Senator George Logan’s 17th Senate District Annual Senior Health and Wellness Fair. Students were busy setting up vendor tables, greeting senior citizens, distributing raffle tickets and lunches, and helping with raffle prizes. Along with the helping hands from health technology students, Emmett O’Brien’s Culinary Department donated beautiful trays of cookies that were a big hit with guests at the fair. The students were able to meet and network with many community health representatives from all over Connecticut.

PFO Fundraiser

The Fall PFO fundraiser will run from 10/7/19 to 10/20/19. Students who sell the fundraiser will receive 50% profit which will be deposited into a student account under the seller's name. Monies deposited into each individual student’s accounts can be used to pay for class dues, field trips, uniforms, prom tickets, Sophomore ring dance etc. Extra fundraising packets are located in the office.

PSAT’s at EOBI

On October 10, 2019 Mrs. Dunn reviewed the SAT Testing day schedule during a faculty meeting. On October 16, 2019 over three hundred students took the PSAT test during the school day. Scores will be available in December. Students have been developing skills and strategies in their classes to prepare for the PSAT. Teachers will continue to embed SAT-style activities throughout the year to continue to prepare students for the upcoming SAT. All juniors will complete the SAT on March 25, 2020. Emmett O’Brien’s focus on SAT preparation aligns with the CTECS District School Improvement Plan for 2019-2020.
EMMETT O’BRIEN TECHNICAL HIGH SCHOOL

FAMILY AND COMMUNITY ENGAGEMENT COMMITTEE PRESENTS...

HEALTH AND WELLNESS FOR ALL

FREE ADMISSION

Everybody

On

Board!

Date: Saturday, November 2, 2019
Time: 12:00 p.m. - 4:00 p.m.
141 Prindle Avenue, Ansonia, CT

ACTIVITIES:

ARTS AND CRAFTS
SHOP DEMONSTRATIONS
HEALTH AND WELLNESS CHECKS
INFORMATION SESSIONS

The EOB Family & Community Engagement Committee, in conjunction with the PFO, invites you to join us for an afternoon of activities and information that focus on health and wellness. There are activities for all ages. Admission is free.

Contact Person:
Principal LeBouthillier

Phone: 203-732-1800
Email: Laurie.LeBouthillier@CT.gov

⇒ October 23 — No school—Teacher PD
⇒ October 24—Open House—Grade 7 & 8 Students and Parents
⇒ Hero Boxes: Donations continue through October 25th
⇒ Pep Rally—October 25th
⇒ October 25—Student Council Fundraiser—Night of the Supernatural
⇒ November 1—EOB Goes Pink Volleyball Tournament
⇒ November 2—Health and Wellness
⇒ November 6—1st Marking Period Ends
⇒ November 5—No School—District PD
⇒ November 11—No School—Veterans Day
⇒ November 13—Veterans Day Luncheon