Hairdressing Seniors enjoy invitation to work!

On May 4th the Senior Hairdressers enjoyed a visit from two representatives from Supercuts. Gia Peralta Leon was happy to be the demonstration for a layered trim. Supercuts invited them to come into one of the 8 salons in the surrounding areas and join the team. This opportunity offers paid training and gainful employment. We thank Supercuts management for taking the time to come and share at EOB.

Senior Mary "Tori" Noel created an interactive display for May which is Mental Health Awareness Month

When you feel flooded by emotions or thoughts, take a moment to focus on your senses. This technique is most useful for deescalation. If you're feeling highly reactive, anxious, angry, or some other intense emotion, use Five Things to help ground you and find stability.

1. Find five things you can see. Name them.
2. Find four things you can touch. Touch them.
3. Find three things you can hear. Listen.
4. Find two things you can smell. Smell them.
5. Find one thing you can taste. Taste it.
Tools of the trade:
On Wednesday, May 11, Icon shears came to discuss the importance of having the right tools to do the job. He explained the various types of shears regarding their blade size, shape and how they are used for different types of hair cutting techniques. The sophomore and junior hairdressing students were well educated and realized the value and the necessity of having great tools.

SkillsUSA hosted a Talent Show on May 13th. This effort allowed our Atlanta bound Finalist the opportunity to add $702.00 to aid in our fundraising efforts. The event showcased a variety of talent and it was a successful day.

Brady Crofoot, a junior in Mechanical Design and Engineering Technology, just achieved his SolidWorks Professional Certification. Now most people will simply think, a high school junior from a technical high school, how hard could it be? According to SolidWORKS here is a statistic for you:

Total of 178572 Certified SolidWORKS Professional (CSWP) users world-wide

Yes, it said WORLD-WIDE! Please congratulate Brady when you get a chance.