

EMMETT O'BRIEN

January 13, 2023

Issue 46

TECHNICAL HIGH SCHOOL

Condor Flyer



UPCOMING EVENTS

- **January 17th:** SkillsUSA Exam Date
- **January 20th:** SkillsUSA Registration Deadline
- **January 20th:** Choices Matter 12th grade presentation
- **January 23rd:** SkillsUSA Exam Date
- **January 25th:** Senior Cap and Gown Fitting

THANK YOU!

EOB DONATES!

Congratulations to Electrical for winning the National Honor Society winter clothing/toy drive! They collected over 500 items of clothing to be donated to My Sister's Place.

As a school, we collected over **1,400 individual items of clothing**.

We also collected over \$1,250 worth of toys that were donated to the TEAM, Inc. Toys 4 Kids program. Congratulations to HVAC for donating the most toys of any shop.

Thank you for all of your support during this season of giving!

EOB CARES SPOTLIGHT

JUST DO IT

Students in Ms. Kuang's math classes created a "Do Less" and "Do More" chart of habits and hobbies they want to "do" this year.

Less & More Chart

Less	More
Talking	listening
Distractions	Focus
Social media	Academia
Junk food	Healthy food
Sitting indoor	Walking outdoor
checkers	chess
funny	money
darkness	daylight
taxes	pay
inflation	Dollar valuation
arguments	compliments

Examples of short term goals:

- Get a job in my trade.
- Pass my state exam.
- Become an aviation mechanic for the U.S. Navy.
- Travel Internationally.
- Get into the University of Alabama.
- Get high honors.
- Save \$5,000.
- Get a job at Bridgeport Hospital.
- Buy a new car.
- Keep grades in the 80 range.
- Catch up in my work for Portfolio class.
- Get my numbers up in my workouts.
- Travel to NYC.
- Get my own car.
- Travel to Brazil.
- To obtain my Adobe Certified Associate certification.
- Go skydiving.

GOAL SETTING

Ms. Phipps had her Seniors work on different kinds of goal setting: long term and short term! Check out some of the goals her students set.

Examples of long term goals:

- I want to become more comfortable with who I am and stop caring what others think and just love myself for the person I've become.
- Get a job that I'm happy and comfortable with to where I can be happy while working, and also also be financially stable.
- Move out of Connecticut.
- Finish college.
- Move out on my own.
- Buy a house.
- I want to form non profit charities to support the issues I feel strongly about and help people or animals less fortunate than myself.
- Travel to Dubai.
- Learn new languages.

I can't image life without...

****MY BOYS!****
-SEITLINGER



I can't image life without...



My boys.



My crazy sisters and my mom.



The other half of the apple.

LIFE WITHOUT...

School staff shared what they can't imagine life without, an activity led by Ms. Salmeri. Thanks for sharing everyone!

I can't imagine life
without...

LIFE TAKES YOU DOWN
MANY PATHS BUT MY
FAVORITE ONES LEAD
TO THE BEACH.



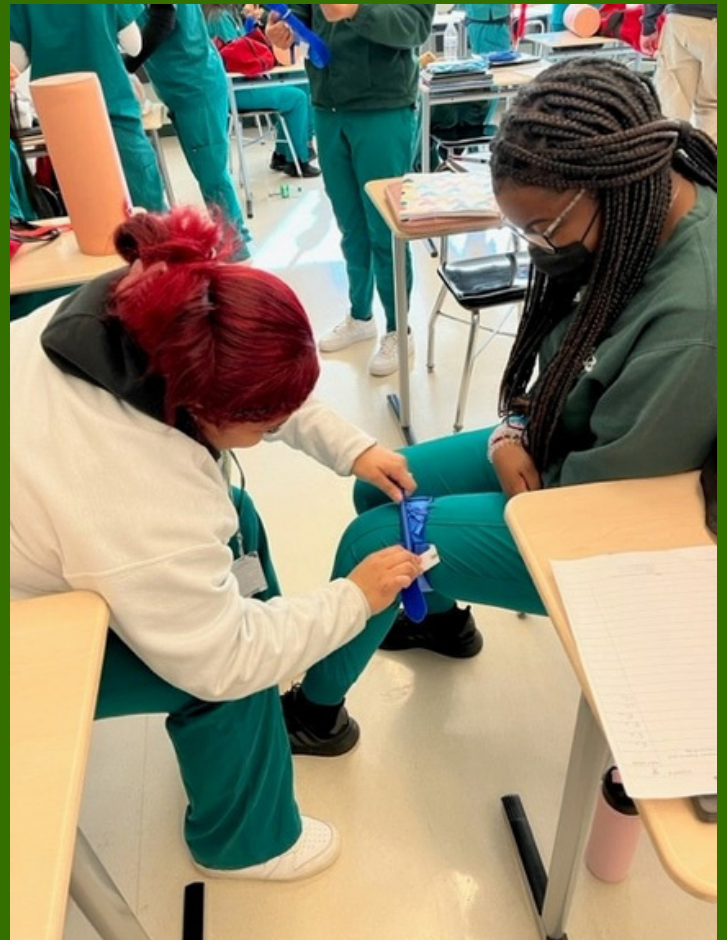
The beach!!

Salmeri

STOP THE BLEED

Matt Hlavna, community educator from Shelton's EMS Echo Hose, graciously came out to teach and certify our 10th grade Health Tech students on how to stop bleeds on torsos by applying pressure or stuffing the wounds with gauze, how to apply tourniquets to extremities, and what to do in the case of impalements.

The entire class is now Stop the Bleed certified. Congratulations to the Health Tech Sophomores.



UPDOS

The sophomore hairdressing students participated in a webinar led by Lala Chihai. This session focused on the art of hairstyling and updos. All students completed the course and passed with 100% on the quiz, earning a certification in hairstyling and updos. Students were also asked to re-create an updo on a classmate - they all did an amazing job. Congratulations!

