

EMMETT O'BRIEN

January 20, 2023

Issue 47

TECHNICAL HIGH SCHOOL

Condor Flyer



UPCOMING EVENTS

- **January 23rd:** SkillsUSA Exam Date
- **January 24th:** Marking Period 3 Begins
- **January 25th:** Senior Cap and Gown Fitting

ATHLETE OF THE WEEK

The boys basketball team is halfway through their regular season and they have been led by senior captain **Mekhi McNeil**. **He is averaging 20.8 points and 10.6 rebounds per game!** He also leads the team in steals and assists. Mekhi is an Ansonia resident and he is in MDET. Great work leading your team, Captain!



EOB CARES SPOTLIGHT

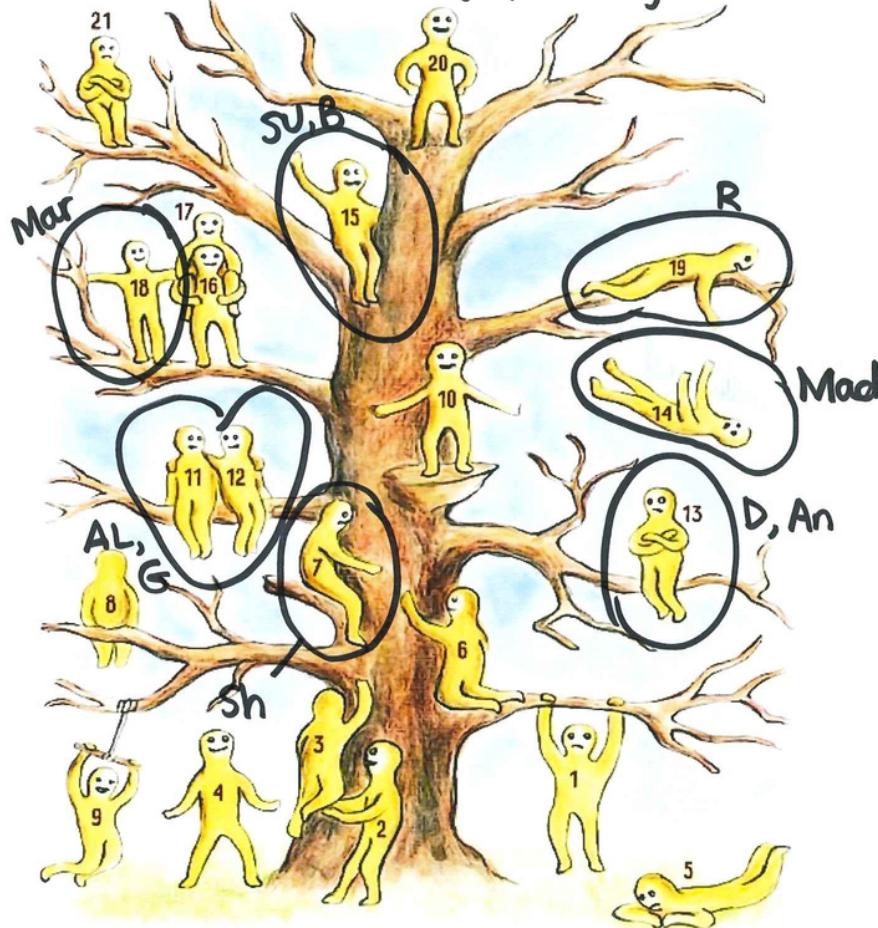
ECMC BLOB

ECMC students participated in the blob tree, where they identified how they felt about college planning. Students picked a blob on the tree and shared how they were feeling! What blob are you?

ECMC 1/19 Activity:

Blob Tree

Direction: write down the person you are today or this week with regards to college planning ↷



Mariah: 18
Suanny, Briley: 15
Allison, Gianni: 11+12
Sherlyn: 7

Raina: 19
Madison: 14
Dalyla, Analise: 13

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My Calm Down Cocoa

My Calm Down Cup of
Cocoa

Mrs. Brejwo's Calm Down Recipe:

- ...deep breaths
- ...cry if you need to
- ...hug someone tightly
- ...get back at it!

Mrs. Brejwo Inspirational Message



CALM DOWN COCOA

Mrs. Nutter asked for staff members to create their own "Calm-Down Cocoa" sharing an inspirational message and "ingredients" to help.

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My Calm Down Cocoa

My Calm Down Cup of
Cocoa

Mrs. Adams's Calm Down Recipe:

- Listen to music
- Take a walk
- Practice Aromatherapy
- Call a friend or family member

Mrs. Adams



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My Calm Down Cocoa

My Calm Down Cup of
Cocoa

Mrs. Bolton:

- Garden
- Kayak
- Go for a long walk
- Any silent solo activity

Your Name



GOOGLE CERTIFIED

The Senior Information Technology Class achieved their Google Project Management Certification. In addition to obtaining Project Management knowledge, the course focuses on important business skills in stakeholder management, influencing, critical thinking, problem solving and communication. All of these essential job-readiness skills further enhance their portfolio for employment in the IT field.

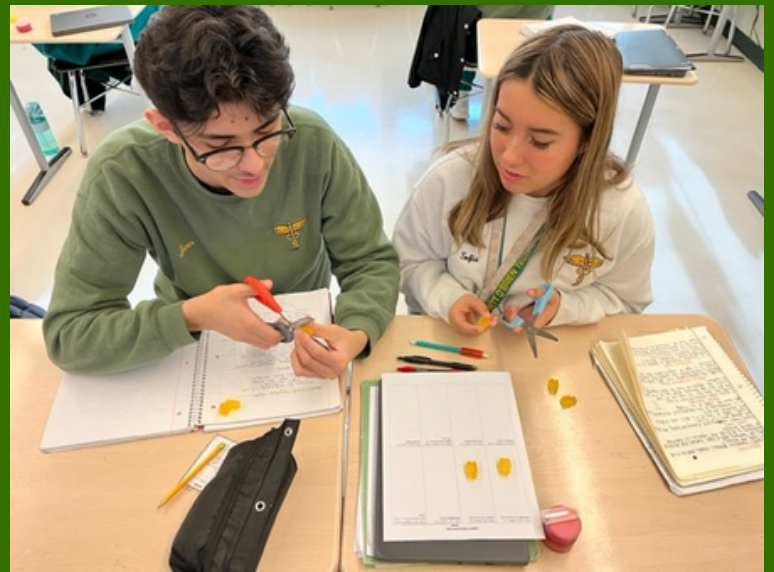
The course was offered through a Google partnership with Coursera.

Congratulations to the IT Shop Seniors for this incredible achievement.



GUMMY DISSECTION

Health Tech got creative this past week and dissected gummy bears! By dissecting the sweet treats, they were able to show the Body Planes.



SOFT SKILLS

Mrs. Ogren presented information on "Soft Skills" to Mr. Orloski's PMT class. The presentation focused on how important these skills are for their success in school, the workforce, and life. Students were highly engaged in the Solo Cup Pyramid Challenge in which they needed to utilize their soft skills in order to complete the challenge of making a pyramid.

